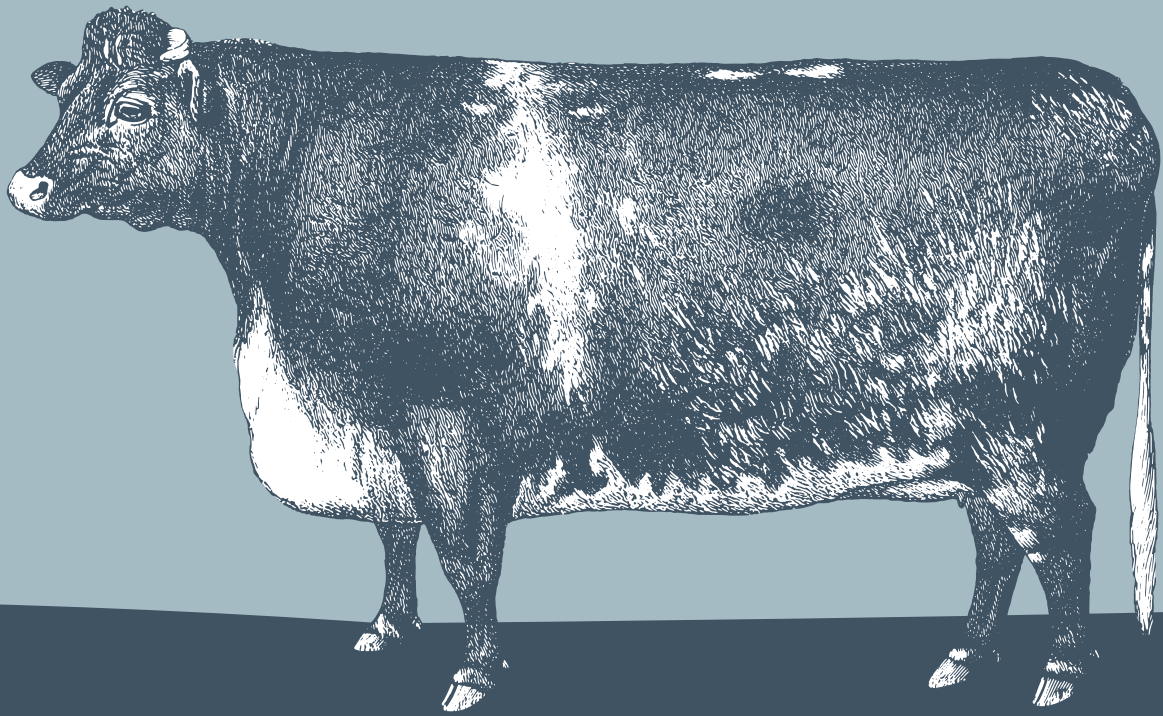


FOOD

CRAVEN HEIFER

INGLETON



MAIN STREET | INGLETON | LA6 3HG TEL: 01524 242515
CRAVENHEIFERINGLETON@OUTLOOK.COM

STARTERS

- Homemade Soup of the Day ⑤ £4.95
our own carrot and coriander or leek and potato soup served with a bread roll and butter
- Crispy Garlic Mushrooms ⑤ £4.95
with a garlic dip and salad garnish
- Nachos ⑤ £4.95
salted tortilla chips topped with melted cheese, tomato salsa, guacamole and spicy jalapeños
- Breaded Plaice Goujons £4.95
tartar sauce and salad garnish

SALADS

Craven Heifer Caesar Salad £9.25
our mixed salad of lettuce, tomatoes, cucumber, beetroot, boiled egg and
croutons in a creamy Caesar dressing
add chicken £3.00

Prawn Salad £9.75
North Atlantic prawns on a bed of lettuce, tomato, cucumber and beetroot with
Marie Rose sauce

BURGERS

all served in a toasted bun with salad and
homemade chips and burger relish on the side

- Craven Heifer Burger £14.95
two beef steak burgers stacked with bacon,
cheese and a fried egg and topped with
onion rings
- Steak Burger £10.95
our local butcher's beef steak burger
add cheese 50p • add bacon £1.00
- Chicken Burger £10.95
made with fresh chicken breast
add cheese 50p • add bacon £1.00
- Thai Spiced Veggie Burger ⑤ £10.95
golden fried burger of mixed vegetables
spiced with coriander, chilli, lemongrass
and lime leaf

FROM THE GRILL

all served with garden peas and homemade
chips, mashed potatoes, jacket potato, potato
wedges or salad

- 10oz Rump Steak £18.50
grilled to your liking with mushrooms,
grilled tomato and onion rings
- 12oz Gammon Steak £15.95
succulent gammon steak topped with
pineapple and fried egg
- Surf and Turf £19.50
8oz rump steak cooked to your liking and
breaded whole tail scampi with mushrooms
and onion rings
- The Craven's Mixed Grill £21.95
steak grilled to your liking, gammon steak,
sausage, lamb steak, black pudding, onion
rings, mushrooms, grilled tomato and fried egg

MAIN COURSES

all served with garden peas and homemade chips, mashed potatoes, jacket potato, potato wedges or salad, unless stated otherwise

Thwaites Beer Battered Fish and Chips.....	£15.95
hand battered fish with homemade chips and a choice of garden or mushy peas	
Chicken and Black Pudding Stack.....	£10.95
chicken breast topped with black pudding and creamy peppercorn sauce	
Homemade Cheese and Onion Pie ⑤.....	£14.95
encased in homemade shortcrust pastry and served with garden or mushy peas and gravy	
Homemade Steak and Thwaites Ale Pie.....	£14.95
our puff pastry topped pot pie filled with slow cooked beef in rich ale gravy with garden or mushy peas and gravy	
Hawaiian Chicken.....	£10.95
grilled chicken breast topped with pineapple and melted cheese	
Hunter's Chicken.....	£10.95
grilled chicken breast topped with BBQ sauce, melted cheese and thick cut ham	
Wholetail Scampi.....	£14.95
golden breaded scampi served with homemade chips and a choice of garden or mushy peas	
Homemade Lasagne.....	£14.95
pasta layered with our beef and tomato ragout and topped with bechamel and melted cheese, served with homemade chips, garlic bread and salad	
Cumberland Sausage.....	£13.95
butcher's Cumberland sausage swirl with homemade mashed potatoes, garden peas and rich onion gravy	

SIDES

Homemade chips ⑤.....	£4.25
Potato wedges ⑤.....	£4.25
Beer battered onion rings ⑤.....	£4.25
Garlic bread ⑤.....	£4.00
Garlic bread with cheese ⑤.....	£4.50
Bread and butter ⑤.....	£1.50
Mixed salad ⑤.....	£4.50

⑤ vegetarian

All weights are approximate before cooking. Some dishes may contain traces of nuts or nut derivatives. Dishes with fish may contain bones. The Craven Heifer avoids the use of G.M. foods within their ingredients and so is confident that this menu is free from any genetically modified foods. All our products are subject to availability as our ingredients are locally sourced. Food Allergies and Intolerances: Please speak to our staff about the ingredients in your meal, when placing your order. Thank you.

DESSERTS

Sticky Toffee Pudding ⑤.....	£5.95
with vanilla custard	
Jam Sponge ⑤.....	£5.95
with vanilla custard	
Chocolate Fudge Cake ⑤.....	£6.75
served warm with vanilla ice cream	
Ice Cream Sundae ⑤.....	£6.95
strawberry, chocolate or vanilla ice cream topped with squirty cream, strawberry sauce, chocolate sauce, toffee sauce and wafers	
Lakes Luxury Ice Cream ⑤.....	£6.95
choose from vanilla, chocolate or strawberry topped with strawberry or chocolate sauce	